



APPLICATION FOR EMPLOYMENT

Print clearly. Answer all questions. Sign and date the form.

Name: _____ Date of Birth: _____

Address: _____ Apt. #: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____ Email: _____

Social Security #: _____

Are you eligible to work in the United States? Yes No

Have you ever been arrested or convicted of a crime? Yes No

If yes, please explain:

Position/Availability:

How did you hear about us?

Position Applied For _____

What date are you available to start work? _____

Are you currently employed? Yes No

Availability and Hours:

Monday _____ Tuesday _____ Wednesday _____

Thursday _____ Friday _____ Saturday _____

Sunday _____

Education and Experience:

Name of School _____

Degree/Diploma _____ Graduation Date _____

Please list Certifications/Diploma's you are attaching with your application:

Outline your teaching experience:

I certify that information contained in this application is true and complete. I understand that false information may be grounds for not hiring me or for immediate termination of employment at any point in the future if I am hired. I authorize the verification of any or all information listed above.

Signature: **X** _____ Date: _____

Confidentiality Clause:

As an employee of Helen Fitness, Inc. and Helen's Intensive Pilates , also known as Helen's Pilates Studio, Corp., I _____, agree not to disclose any confidential information obtained from any or all of the above named businesses. This includes all technical and business information relating to the studios and to all client database, passwords, money, financial information from banks, credit cards, debit cards, social security numbers, business plans and modals, future plans and models, marketing, social media, costs, salaries and wages, or whatever is intellectual, physical or financial property of any and all of Helen's Corporations.

I have read and understood this Clause and voluntarily accept the duties and obligations set forth herein.

Name (print): _____

Signature: **X** _____ Date: _____

HOW TO FILL OUT THIS FORM USING A COMPUTER: One simple way you can fill out and sign this form on your computer is with Adobe Acrobat Reader: <https://acrobat.adobe.com/us/en/acrobat/pdf-reader.html> Once you've installed it and filled out the form using a keyboard, visit <https://helpx.adobe.com/reader/using/sign-pdfs.html> to learn how you can add your signature. You can draw your signature using a pointing device as outlined in Step 5, then save the PDF file, and email it back to us using the email address below.

FOR MOBILE DEVICES: You can use Adobe Fill & Sign for iOS: <https://itunes.apple.com/us/app/adobe-fill-sign/id950099951> or Android: <https://play.google.com/store/apps/details?id=com.adobe.fas> to fill out and sign this form. Once you're finished, save the file, and email it back to us right from the application.

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